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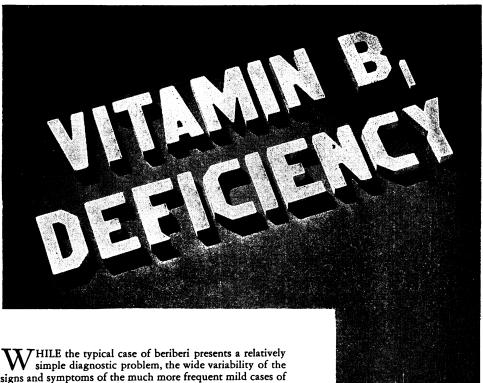
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# 

#### MAY 1942 • BULLETIN OF

#### THE NEW YORK ACADEMY OF MEDICINE

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signs and symptoms of the much more frequent mild cases of vitamin B1 deficiency often leads to considerable difficulty in diagnosis.

In considering the diagnosis it may be helpful to recall, as pointed out by Williams and Spies,\* that vitamin B1 deficiency occurs especially among the following groups:

The indigent, and those with improper dietary habits and idiosyncrasies. Poorly balanced diets may be chosen inadvertently or because of financial restrictions. In addition, food fads and reducing diets may be responsible for the development of vitamin B1 deficiency.

Patients who have an organic disease. In such patients, there may be loss of appetite or restriction of the dietary associated with the disease. In the presence of gastro-intestinal disturbances, the absorption of the vitamin may be impaired.

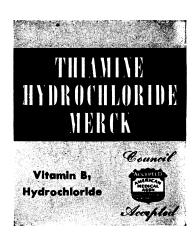
Persons with increased vitamin B1 requirements. The requirement for vitamin B<sub>1</sub> is increased as a result of greatly augmented metabolism in febrile conditions, hyperthyroidism, or vigorous muscular exertion, and during pregnancy and lactation.

In cases of vitamin B1 deficiency, the daily administration of adequate amounts of thiamine hydrochloride will ensure a prompt therapeutic response. When absorption from the gastro-intestinal tract is impaired, parenteral administration of thiamine hydrochloride is indicated.

#### Literature on Request

\*Williams, R. R., and Spies, T. D., Vitamin B1 and its use in medicine, The Macmillan Co., New York, 1938





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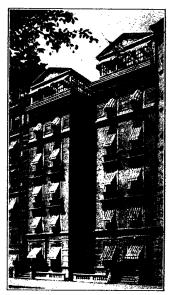
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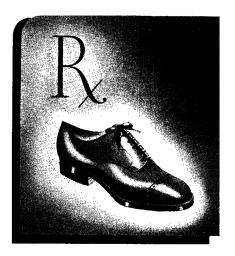


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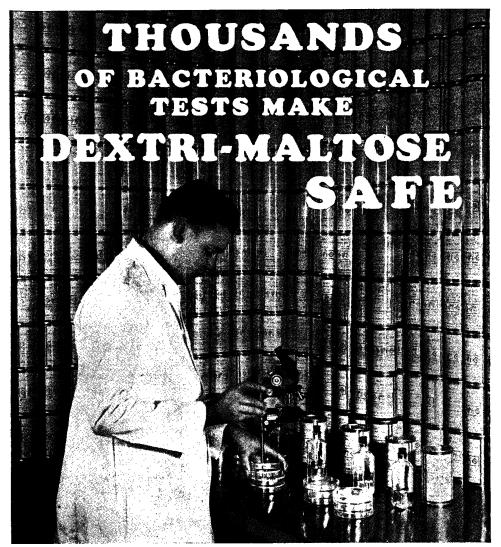
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